



Keith Giese, DC



(+39) 0461-236756



info@benesserechiropratico.com



Largo Nazario Sauro, 22
38122 Trento (TN)

SUMMARY & CERTIFICATIONS

Doctor of Chiropractic

Chiropractic BioPhysics® (CBP®) Basic Certified

EDUCATION

Degree Doctor of Chiropractic | 1992

Palmer College of Chiropractic - West; Sunnyvale, CA (U.S.A.)

EXPERIENCE

- **Private practice** (Phoenix, USA) | 1993 - 1994
- **“Emergency Chiropractic”** (Phoenix, USA) | 1994 - 1996
- **Associate DC @ “Stuart Hoffman DC”** (Phoenix, USA) | 1996 - 1998
- **Private practice** (Phoenix, USA) | 1998 - 2002
- **Collaboration @ “Mitch Borst DC”** (Phoenix, USA) | 2002 - 2003
- **Private practice “Benessere Chiropratico”** (Trento, ITA) | dal 2003

CONTINUING EDUCATION

- **CBP® - Whiplash Injury & Treatment Update**

Phoenix (U.S.A.) | July 1995

Biomechanical Definition of Subluxation in Whiplash Injury Patient. Biomechanical, Neurological, and Epidemiologic Aspects of Whiplash Injury. Co-Management with General Practitioners, Physiatrists, and Surgeons for MVC patient. Advances in X-Ray & MRI Technology to Better Determine Cervical Spine Injury. A 21st Century Personal Injury Chiropractic Practice. Mirror Image Cervical Spine Rehabilitation Procedures and Protocols and Case Management & Case Studies of the Cervical Spine in Whiplash Injured Patients.

- **CBP® - X-ray & Posture Seminar**

Phoenix (U.S.A.) | July 1998

Overview of CBP Technique, CBP Mirror Image Procedures. CBP Technique Care Plans: Rehabilitative vs. Supportive and Maintenance Care. Introduction to A system Analysis of 2D CBP Procedures & Views, Equipment Alignment. A System of 2D Analysis. Practical Technique Station Demonstrations. Health Disorders that May Positively Respond to Chiropractic Intervention and Management of Sagittal Plane Deformities. Harrison Spinal Model as Goal of Care. 2D Projection Physics & Image Distortion.

- **CBP® - Drop Table Adjusting Seminar**

Phoenix (U.S.A.) | July 2001

Health Disorders that May Positively Respond to Chiropractic Intervention and Management of Sagittal Plane Deformities Using Spinal Orthotics. CBP Technique Training Stations. Biomechanics Principles of Postural Rotations and Translations in CBP technique set ups. Categories of Biomechanical Principles and the Subluxation that will be reviewed and utilized to determine postural rotation and translations in technique set ups. Objective Measurements of Postural Displacements. Comprehensive CBP Drop Table set-ups with Biomechanical Principles. Practical Station Demonstrations. Research and Evidence for Chiropractic Structural Based Programs of Care. Anatomical vs. Functional Leg Length Inequality & Foot Disorders. Review course material, summarize.

CONTINUING EDUCATION

- **E.C.U. – Convention 2004**
Helsinki (SF) | May 2004
- **CBP® - Advanced Full Spine Analysis & Techniques**
London (U.K.) | February 2005
Review of Sagittal Plane Spinal Model Correlations and Basic Statistical Analysis. Pelvic Morphology Defined. Cervical-Thoracic Inlet Morphology Defined. Pelvic Morphology Influence on Sagittal Plane Spine Alignment and Geometry. Lumbar Spinal Anomalies and Clinical Case Management.
- **A.I.C. - Diagnosi differenziale del mal di schiena**
Rimini (I) | May 2005
- **I.C.P.A. - Annual European Symposium 2005**
Tyrol (AT) | July 2005
- **CBP® - Neurology, Posture, & Systemic Health**
London (U.K.) | June 2006
Biomechanics of Posture Deformities. The Patho-anatomical Reasons for the Need of Chiropractic Healthcare. Indications and contraindications for prescribing home orthotics to patients populations for sagittal plane curve restoration. Neurophysiology of Abnormal Spinal and Posture Deformity. The Role of the Sympathetic Nervous System in Systemic Health.
- **A.I.C. - The first visit: a practical approach**
Rimini (I) | June 2006
- **A.I.C. - Total Body Modification (modules 1 e 2)**
Como (I) | October 2006
- **CBP® - Instrument Adjusting & Upper Cervical Seminar**
London (U.K.) | February 2007
Upper Cervical Positioning & Analysis Studies. Head Posture and Upper Cervical Spine Kinematics. Mirror Image Instrument Adjusting Setups & Upper Cervical Specific. Practical Stations. Health Disorders that May Positively Respond to Chiropractic Intervention and Management of Sagittal Plane Deformities. Upper Cervical Kinematics and Instability. Drop Table Adjustments for Upper Cervical Subluxations/Fixations.

CONTINUING EDUCATION

- **A.I.C. - Pain control techniques**

Desenzano del Garda (I) | October 2007

- **CBP® - Lumbar Rehab**

London (U.K.) | January 2008

Rehabilitation of the Lumbar Lordosis with practical in office and at home methods. Structural Rehabilitation of the Lumbar Spine & relationship to chiropractic. Understanding the Posture Spine Connection & Abnormal Lumbar Configurations. Body Weighting and Dynamic Thoraco-Lumbar Braces for Lumbar Rehabilitation. Mirror Image Exercises of the Thoraco-lumbar-pelvic Region. Intro to Mirror Image Traction Procedures and Protocols. Practical Demonstration Set-Ups. Health Disorders that May Positively Respond to Chiropractic Intervention and Management of Sagittal Plane Deformities. Case Management & Studies Documenting Correction of the Lumbar Spine.

- **CBP® - Cervical Rehab**

London (U.K.) | February 2009

Structural Rehabilitation of the Cervical Spine & Relationship to Chiropractic. Understanding the Posture Spine Connection & Abnormal Cervical Configurations. Body Weighting and Dynamic Head/Neck Braces for Cervical Rehabilitation. Mirror Image Exercises of the Cervical-Thoracic Region. Practical Demonstration Set-Ups. The Model of the Future is Here: Corrective Chiropractic Health & Wellness. Mirror Image Cervical Spine Traction Procedures and Protocols. Case Management & Studies Documenting Correction of the Cervical Spine.

- **CBP® - Pediatrics Seminar**

London (U.K.) | July 2010

Normal and Abnormal Development of the Infant/Child. Examination of the Pediatric Patient and Anatomy Review of Pediatrics. Individual Case Studies of and Analysis technique. Sagittal Spinal Alignment of the Pediatric. Case Studies: of Pediatric Patients from Examination, Posture, and Spinal Radiography. Pediatric Health Disorders that May Positively Respond to Chiropractic Intervention and Management of Sagittal Plane Deformities. Review of Pediatric Adjusting Using Posture & Palpation.

CONTINUING EDUCATION

- **CBP® - 32nd Annual Conference**
Phoenix (U.S.A.) | September 2010
CBP® updates & latest news.
- **U.C.A. - Pediatrics seminar**
London (U.K.) | May 2011
- **CBP® - 33rd Annual Conference**
Phoenix (U.S.A.) | September 2011
CBP® updates & latest news
- **CBP® - Scoliotic Deformity Analysis & Management**
London (U.K.) | May 2012
Chiropractic Evaluation of the Scoliosis Patient & Outcome Variables. Scoliosis Development Considerations, Indications for Surgical Referral, & Bracing. Biomechanics of Curve Progression. CBP Technique Principles of Management of Thoraco-lumbar and Thoracic Scoliosis. Health Disorders that May Positively Respond to Chiropractic Intervention and Management of Sagittal Plane Deformities.
- **CBP® - Drop Table Adjusting Seminar**
London (U.K.) | August 2013
Updates.
- **CBP® - Neurology, Posture, & Systemic Health**
London (U.K.) | July 2014
Updates.
- **ChiroCredit – Neurology 1**
Webinar | December 2014
Basic Brain Anatomy and Function: The Motor Cortex. Anatomy of the Skull and Spine With Dissection of the Cervical Spine. Introduction to Chiropractic Clinical Neurology: Basic Lower Brain, Brainstem and Spinal Cord Anatomy: A Clinical Perspective. Complete Neurological Examination. Syndromes Involving the Spinal Cord. Clinical Aspects of Spinal Cord Disease.
- **CBP® - Whiplash Injury & Treatment Update**
London (U.K.) | July 2015
Updates.

CONTINUING EDUCATION

- **CBP® - 37th Annual Conference**
Scottsdale (U.S.A.) | September 2015
CBP® updates & latest news.
- **CBP® - Thoracic Rehab & Case Management**
London (U.K.) | July 2016
Thoracic Spine Biomechanics, Subluxation Patterns, & Health Disorders. Thoracic Spine Biomechanics, Subluxation Patterns, & Health Disorders. Detailed Overview of CBP Examination Procedures. Thoracic Spine and Posture Subluxations: Thoracic Kyphosis Types. Thoracic Spine and Posture Subluxations and CBP Structural Rehabilitation Techniques with Case Study Examples. CBP Mirror Image Methods for Rehabilitation of the Thoracic spine – Workshop. Dynamic Methods of Postural and Structural Spinal/Pelvic Correction. Management of Complex Spine and Posture Deformities Using CBP Technique.
- **CBP® - 38th Annual Conference**
Lake Geneva (U.S.A.) | October 2016
CBP® updates & latest news.
- **CBP® - Hands on Workshop**
Paris (F) | August 2017
CBP® Technique and Rehabilitation procedures with emphasis on staff and patient responsibilities and communication points. Mirror Image® Adjusting Using PosturePrint® Displacement Findings. Mirror Image® Exercises Using Posture Screen Displacement Findings. Mirror Image® Lumbar-pelvic Traction. Mirror Image® Thoracic and Full Spine Traction. Mirror Image® Cervical Spine Traction. Management of Sagittal Plane Deformities.
- **The Wise DC – Fundamentals of Clinical Nutrition**
Webinar | December 2017
Comprehensive Analysis of the Major Nutrients. Health Implications of Dietary Fat / Cholesterol and Vitamins. Overview of the Essential Vitamins. Disease Processes caused by Improper Nutrition. Body Morphology. Weight Loss Methodologies.
- **CBP® - Cervical Rehab**
Trento (I) | May 2018
Updates.

CONTINUING EDUCATION

- **The Wise DC – Chiropractic Sports Medicine**
Webinar | December 2018
Chiropractic Sports Medicine Fundamentals. Etiology and Diagnosis of Sports Injuries. Chiropractic Treatment of the Injured Athlete. Cardiopulmonary Resuscitation Procedures.
- **CBP® - 41st Annual Conference**
Scottsdale (U.S.A.) | October 2019
CBP® updates & latest news.
- **ScoliCare - Scoliosis Seminar**
London (U.K.) | November 2019
Updates.
- **ChiroCredit - Biomechanics**
Webinar | December 2019
Introduction to Gait: Pedographs and Gait Analysis. Foot Function and the Effects on the Core and Body Dynamics. Gait Analysis: Normal and Abnormal Gait and Factors Affecting Them. Shoe Selection and the Effect and Impact on Gait. Barefoot Running and Gait: What You Need To Know. A Case Study in Gait Analysis. A Case Study in Gait Analysis: Focus on Torsions and Versions.
- **A.I.C. - Chiropractic radiology**
Webinar | April 2020
- **A.I.C. - Vagus nerve: Brain-based approach to managing stress and health**
Webinar | April 2020
- **ScoliCare - Scoliosis symposium**
Webinar | November 2020
- **ChiroCredit - Neurology 2**
Webinar | December 2020
The Neurological Aspects of Manipulation. The Neurological Effects of Manipulation. Inflammatory Neuropathy. Differential Diagnosis with Nerve Conduction and EMG. Pathophysiological Mechanisms Underlying Muscular Tension and Pain. Modular Theory of Headache. Chiropractic and Motor Control, Theories, Assessment. Functional Symptoms in Neurology and Neuropathic Pain. Neuropathic Pain - Part 1 & 2.

CONTINUING EDUCATION

- **The Wise DC - Trigger Point Therapy**

Webinar | December 2021

Skeletal Muscle Histology. The Neuromuscular Junction, Motor Units. Types of Muscle Contraction, Types of Skeletal Muscle Fibers. Trigger Point Characteristics, Active and Latent Trigger Points. Treating Myofascial Pain with Trigger Point Therapy. Identification and Treatment of Trigger Points, Trigger Point Theory. Pathophysiology. Myofascial Pain Syndrome. Physiological Effects of Trigger Point Therapy, Diagnose Fibromyalgia. Graston Technique (GT), Myofascial Release Exercises. Myofascial Release Technique, Active Release Techniques. Neuromuscular Therapy (NMT), Massage Techniques.

- **CBP® - 44th Annual Conference**

Nashville (U.S.A.) | September 2022

CBP® updates & latest news.

- **The Wise DC – Contemporary Weight Loss and Fitness Course**

Webinar | December 2022

The Science of Homeostatic Hunger and Hedonistic Hunger; Appetite Hormone Physiology. Obesity Demographics and Statistics; Body Mass Index; Diet Induced Chronic Inflammation. Essential Vitamins and Minerals; The 2015-2020 Dietary Guidelines. Comprehensive Analysis of: DASH Diet; Mediterranean Diet; Flexitarian Diet. Comprehensive Analysis of: DASH Diet; Mediterranean Diet; Flexitarian Diet. Comprehensive Analysis of: Weight Watchers Diet; Therapeutic Lifestyle Changes Diet; HMR Program. Comprehensive Analysis of: Volumetrics Diet; Mayo Clinic Diet; Ornish Diet; Vegan Diet. Comprehensive Analysis of: The Fertility Diet; Vegetarian Diet; Anti-Inflammatory Diet. Comprehensive Analysis of: Overview of the following: Glycemic-Index Diet; South Beach Diet; Paleo Diet; Biggest Loser Diet. Comprehensive Analysis of: Atkins Diet; Ketogenic Diet. Exercise and Heart Physiology. In Depth Examination of Aerobic and Anaerobic Exercise; Joint Flexibility Exercise. In Depth Examination of Muscular Endurance and Strength Training; CrossFit Training Principles.

- **CBP® - 45th Annual Conference**

Grapevine (U.S.A.) | September 2023

CBP® updates & latest news.